

Friday, June 18, 2010

[Bloomin' in June - Review: Beauty Scoop](#)

I think we all want to look our best and I know I want to do it without a lot of artificial and chemical additives.

I am also smart enough to realize that short of looking like a plastic woman I can only do so much - I am going to be 51 this year and NOTHING can stop that.

By why not do what I can to keep myself looking and feeling the best I can. Especially when my hair gets trimmed by a marauding herd of goats.



When I was offered the chance to try [Beauty Scoop](#) I thought, why not - it sounds right up my green alley! What is Beauty Scoop you ask? Well, I with the help of the great folks from the company are going to tell you.

*BeautyScoop[®] is the first and only **doctor-developed and clinically proven** serious beauty infusion that enhances the health and appearance of the skin, hair and nails. In clinical studies, **86% of people who use it report improvement in all three areas - skin, hair and nails - within 3 weeks!****

This unique, edible beauty accessory, created by prominent NYC celebrity plastic surgeon, [Dr. Michelle Yagoda](#), and world renowned chemist and inventor, [Dr. Eugene Gans](#), is rich in [peptides and lipids](#) - the extra-nourishing building blocks your body needs to boost its own regenerative powers.

Unlike topical products that stop working when you wash them off, BeautyScoop[®] works from within. As a pure powder that you mix into any beverage, it is immediately absorbable for maximum benefits and long-lasting results.

Just one delicious daily dose, can give you youthful, radiant [skin](#); shiny, lustrous [hair](#); and gorgeous, healthy [nails](#) in just three weeks! Maintain your results with as little as one packet every 2-3 days. Join others already in the know.

Pretty cool, huh? You just mix the packet into one of the delicious recipes on the site or be slightly unhealthy like me and put it in your coffee (sshh - don't mention I put it in my coffee. Caffeine is bad for me but my old body can't function without it). It made creamy, dessert like drink. Mmmmmm.

Here is one of the yummy recipes:



SUMMERTIME OLD-FASHIONED PEACH MELBA SMOOTHIE

Ingredients:

- for the coulis

1/2 cup raspberries

1/2 teaspoon lemon juice

1 teaspoon honey or agave nectar

- for the smoothie

2 ripe peaches, peeled, pitted and quartered

1/2 cup plain low-fat yogurt

1/4 cup low fat milk

3 ice cubes

1 packet of BeautyScoop

Place the coulis ingredients in the blender and blend until smooth. Pour through mesh strainer (to remove seeds) and set aside. Don't wash the blender as it will give the peach smoothie a lovely pink color. Place the smoothie ingredients into the blender and blend for 1 minute or until smooth. Pour into a large bowl, swirl in the raspberry coulis, then pour into a glass and serve. Garnish with a fresh raspberry or two if you like!

You can find more of them [HERE](#).

Beauty Scoop is famous! It has [appeared in many magazines, newspapers and blogs](#).

Guess what? I have two serving sized packages to give away to one lucky reader!

How do you win? It's easy!

But first a rule:

US only

MANDATORY ENTRY:

Go to the [recipe page](#) and tell me your favorite recipe. Be sure to leave your email address so I can contact you if you win.