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Review – Beauty Scoop

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[Beauty Scoop](#)

The edible beauty accessory

About: *This unique, edible beauty accessory, created by prominent NYC celebrity plastic surgeon, Dr. Michelle Yagoda, and world renowned chemist and inventor, Dr. Eugene Gans, is rich in peptides and lipids – the extra-nourishing building blocks your body needs to boost its own regenerative powers.*

Unlike topical products that stop working when you wash them off, BeautyScoop® works from within. As a pure powder that you mix into any beverage, it is immediately absorbable for maximum benefits and long-lasting results.

Healthy is pretty! It makes sense that we should take care of our bodies on the inside to have that good healthy glow on the outside.

Beauty Scoop is easy to incorporate into your daily routine. The powdered mix can be used with cold or hot liquids – just mix it in and enjoy.

I always like to check out the ingredients when I'm trying a new product. You can find more detailed information on their site and the product packaging. Here's what's in Beauty Scoop:

***Ingredients:** Essential Lipid Carthamus Tinctorius (Unsaturated Safflower Oil), Pure Crystallized Fructose, Pure Hydrolyzed Soy Protein Isolate, Whey Protein Concentrate, Hydrolyzed Gelatin (Kosher Dairy), Maltodextrin, Calcium Carbonate, Natural Vanilla Flavor, Lecithin Oil (Soy), Magnesium Oxide, Vitamin E (di-alpha tocopherol acetate), Essential Lipid Brassica Napus (Unsaturated Canola Oil), Xanthan Gum, Zinc Oxide, Copper Gluconate, Manganese Gluconate, Biotin, Riboflavin and Calcium Silicate.*

It's a little bit sweet and has a nice vanilla cream flavor. This time of year we drink a lot of fruit smoothies and the Beauty Scoop is a great addition. I especially like the vanilla taste with berries and peaches. They go together well.

The mix doesn't dissolve completely – this is perfectly normal and is expected. So if you're adding it to a clear liquid (apple juice is fab!) your drink will be a little cloudy.

I like that it can be used with both cold and hot beverages. I'm thinking it would also be great addition to hot tea or even cocoa.

Beauty Scoop is available in canisters and single serve packages. If you want to try it before making a large purchase, they sell individual sample packettes.

HOW TO CONNECT: You can friend Beauty Scoop on [Facebook](#), follow them on [Twitter](#) and subscribe to their [newsletter](#).

CONTEST – Beauty Scoop is hosting a [monthly recipe contest](#).

Disclaimer/Disclosure: Review sample provided to me. No monetary compensation was received.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.