



By The Glamtastic · August 11, 2009

Are you Supplement Savvy?

The Lifeline for Hair & Nails



I try to follow the food pyramid, but I get sudden amnesia when strolling the aisles of Dean & DeLuca for lunch. To save hair and nails from becoming brittle and breaking, my girlfriend started religiously taking BeautyScoop, an organic vegetable-based powder that gives the body a boost of peptides, essential fats, vitamins and minerals. This supplement was developed by Dr. Michelle Yagoda (plastic surgeon) and Dr. Eugene Gans (pharmacist and chemist). One packet a day is said to help keep hair and nails strong and healthy.

BeautyScoop \$95 - <http://www.shop.beautyscoop.com/>

Source: <http://www.theglamtastic.com/tag/skincare?page=1>